



Activation Ray

RECEIVING THE LIGHTARIAN ACTIVATION RAY

Thank you for your commitment to receive the Lightarian Activation And Attunement, The Activation Ray is passed from the A-Ray Practitioner to you by means of a simple, direct atonement process in the form of a guided meditation. After you have read the material, discuss any questions you may have with your Practitioner and arrange for receiving the Attunement - in person, by telephone, or remotely.

NOTE: The Lightarian Empowerment Ray is a prerequisite for receiving the Activation Ray and any other follow-on Lightarian Rays.

The Lightarian perspective

The word Lightarian describes an individual who is learning about the use of etheric Light energies for the purpose of expanding awareness and enhancing spiritual evolution, especially regarding the processes of self-empowerment, clearing, healing, activation work and manifestation. A Lightarian begins to view Light as the ever-present etheric energy that consciously manifests itself into all of the forms and structures that we experience. In a sense, the Light is everything and everything is Light, including all that we call physical especially our physical bodies. This holistic view of the Light enables us to better understand that all levels of our subtle etheric and physical bodies will be changing and evolving, based on the spiritual development that catch of us undertakes. To be a Lightarian means that you are consciously engaged in this process of inner development and dedicated to applying spiritual principles in your life to stimulate personal empowerment, clearing, healing, activation and manifestation

Introduction

The Lightarian Activation Ray is a simple, effective Attunement designed by Ascended Master Sananda. It focuses on the stimulation and development of higher vibration levels within your structure of chakras and subtle bodies through the etheric process of energetic activations. Following your attunement, over an extended period of time, the vibrational frequencies of every level of your auric field will be accelerated and brought into a purer resonance with the energies of your Higher Self. This activation work takes place deeply within your etheric inner planes and there are no specific time benchmarks or time limits for the extraordinary reshaping of your "inner vibrational landscape" that is



launched via this work.

As part of the Activation Ray process, a unique relationship is established between you and Sananda, as he steps forward to assist you in very direct, personal ways with the orchestration of this enhanced activation work! The process of reshaping the fundamental structure of your etheric energy fields will be guided by the gentle, loving hands of Sananda, as he serves as your etheric activation mentor for all levels of your being, all in complete cooperation with your Higher Self.

For those of us on a spiritual path, simply through life's learning and growth experiences, a "natural" progression of personal activations occurring. However, during these exciting times of personal and planetary transformation, many of us are being guided to accelerate this "natural" process. Through Sananda's inspiration and guidance, the Activation Ray has been designed to support this desire for acceleration felt by so many of us! Receiving the A-Ray attunement will launch the process of purifying, reorganizing and stepping up the vibration levels of your chakras and subtle bodies to allow more of your Higher Self energies to integrate into your etheric fields and physical body. These energetic activations can range from small, quantum changes within your chakras to major spiritual initiation steps.

This is "leading edge" etheric work which combines an educational aspect and an energetic experience for you. The material for all Lightarian energy work has been inspired, channeled and developed from non-scientific, non-clinical, etheric energy sources. The sole purpose of the Activation Ray is to expand the conscious awareness and understanding of the individual via the materials and to launch spiritual process via the energetic attunement.

Background on the Activation Ray

The Activation Ray Attunement is sourced from a strata of celestial energies known as the Jewel of Ascended Masters - specifically from an aspect of the Ascended Master Sananda. Sananda has ongoingly supported the global, human ascension process that is taking place on Earth at this time. The Ascended Masters each have a dominant focus or theme for their work here. For Sananda, the theme is "purity" and his principle focus has long been to stimulate the purification and uplifting of the vibrational level of humans in order to support and trigger the personal ascension process for the individual! His incarnational experiences here have prepared him well to serve as a coach and

counselor...perhaps call him a spiritual mentor...for those seeking energetic activation support in the Earth plane!

What are the energetic impacts from receiving the A-Ray?

The A-Ray attunement has been designed to gently, effectively stimulate your spiritual activation process as described above. After receiving your attunement, various energetic changes will be taking place within your fields, depending on your initial subtle energy patterning and the transformational pace being set by your Higher Self. Your process will be a unique one and will probably include some of the follow types of experiences, especially when combined with the work of the other Lightarian ray modalities:

1. As you miss your personal vibration level in the A-Ray, all of your other forms of spiritual processing (self-empowerment, clearing, healing and manifestation) will be quicker, smoother and more graceful.
2. Change in your life will be accelerated. The kinds of subtle energy shifts and physical changes in your life that used to require months and years to accomplish will now take place in weeks or months. Perhaps those that used to take days and weeks will take only minutes or hours!
3. You will experience an energetic quickening within your deepest levels of self..creating a sense of simply being a higher-vibrational Being Your belief structures, thoughts, emotions and physical body will begin to take on a more balanced, centered, empowered quality. You may begin to sense an "inner spiritual hum' that you may never have felt before!
4. Most importantly, you may begin to experience yourself as a direct aspect of the Higher Self that you had only heard about, thought about or, perhaps at times, felt you communicated with. This sense of truly becoming a clearer, higher vibrational spiritual being will become more apparent in your direct, day-to-day experience.

Preparing for your Activation Ray Attunement

Your only preparation for the attunement would be to review these suggestions.. In general, for Guided Meditations. Over a simple truth for experiencing a guided meditation has emerged...

There's no right way and no wrong way! So, take what you get. Whatever shows up in the meditation. Just let it be! Always hold the experience lovingly and lightly and without judgment. If you find yourself evaluating what's going on, then simply let that BE, too!

Creating the energetic connection for the attunement: As you begin your Activation Ray session, your Practitioner will establish a "resonant" energetic connection with you. Whether you are receiving the A-Ray in person, by telephone or remotely, this energetic connection will be accomplished via an etheric device that we call the "Divine Tuning Fork".

Imagine a large, etheric Tuning Fork with its two prongs pointing downward. Imagine that one of the prongs of the Tuning Fork is overlighting and connecting into your practitioner's energies and the other prong is overlighting and connecting into your energies - creating a clear, direct and high vibrational link between you and the teacher. This picture is to simply give you an idea of how the practitioner will be linking with you during the Attunement. The teacher will set this all up. Now, another step in the process will be the creation of a third prong projecting out from the Tuning Fork to link you and your practitioner into the energies of Ascended Master Sananda, thereby creating a three-way link among all of you! Again the teacher will set it up and, at the conclusion of the Attunement, the teacher will disengage the Divine Tuning Fork.

In-person or Telephone Attunements: The Practitioner will verbally lead you through a series of steps within a simple guided meditation format.

For Telephone Attunements: Plan to use a quiet room where you can be comfortable and undisturbed. Shut off the ringer on other phones, etc. If you have access to a telephone headset or speaker phone, consider using it to allow you to be most comfortable and especially to have your hands totally free and relaxed.

For Remote Attunements. Following your telephone conversation with the Practitioner, the Attunement itself can be done "remotely" (telepathically) as your Practitioner orchestrates the attunement with your Higher Self energies. For the attunement, prepare a quiet room where you can be comfortable and undisturbed for approximately 1 hour. Plan on going in a few minutes before the

1. At the appointed time to avoid rushing. Turn off your telephone ringer. You

- can be seated or lying down
2. Just before the appointed time, the Practitioner will [a] create an etheric, telepathic connection with you via the highest level of your Higher Self energies and [b] invite Sananda to come forward in preparation for the session.
 3. At the appointed time, close your eyes and take a few long, deep breaths and relax into a quiet state of mind..a light meditative state. Move your attention to a place of power within your energy fields that you would like to operate from during this process..that place of mastery, full responsibility and total ownership for all things in your life.. that place where the Divine resides within you! Then simply relax and allow the meditation to unfold!
 4. During the attunement, the Practitioner will "remotely" orchestrate all the steps in the attunement process via your Higher Self energies and Sananda.
 5. As the remote attunement is drawn to a close by the Practitioner, you'll probably sense that the process is complete through some feeling, thought or intuitive prompting. Simply acknowledge completion of the Attunement and silently thank everyone involved.
 6. You and your Practitioner may choose to reconnect by phone the process. e-mail to share about

After the Attunement

There are many facets and levels as to how the A-Ray will affect you on a personal energetic level. Everyone will be different! In addition to exciting shifts and expansions of your energies, you may experience some uncomfortable ripple effects after your attunement. You could experience a series of minor, temporary etheric and physical detoxing effects as an acceleration occurs in your rate of activation work on the inner planes. Your level of subtle body and physical body clarity at the time when you receive the A-Ray attunement will strongly determine the degree of any uncomfortable detoxing or processing. You can discuss this in more detail with your Lightarian Practitioner.

How much time does it take for the effects of the Activation Ray to be complete?

During your post-attunement time, the effects of the Activation Ray work become cumulative and the process of change is steadily enhanced. There is no specific time frame for the unfolding of your personal "etheric activation plan"...other than to say that your Higher Self and Sananda will be orchestrating the perfect plan

Lightarian
RAYS™



with perfect timing for you.

Please schedule the Manifestation Ray next.

I am so grateful to be able to guide you on this journey and am here to support you each step of the way.

Never hesitate to reach out if you need anything.

With Light,
Nicole

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