

Clearing Ray

RECEIVING THE LIGHTARIAN CLEARING RAY

Thank you for your commitment to receive the Lightarian Clearing Ray Attunement. The Clearing Ray is passed from your Clearing Ray Practitioner to you by means of a simple, direct attunement process in the form of a guided meditation. After you have read this material, discuss any questions you may have with your Practitioner and arrange for receiving the Attunement - in person, by telephone, or remotely.

NOTE: The Lightarian Empowerment Ray is a prerequisite for receiving the Clearing Ray and any other follow-on Lightarian Rays.

The Lightarian Perspective

The word Lightarian describes an individual who is learning about the use of etheric Light energies for the purpose of expanding awareness and enhancing spiritual evolution, especially regarding the processes of self-empowerment, clearing, healing, activation work and manifestation. A Lightarian begins to view Light as the ever-present etheric energy that consciously manifests itself into all of the forms and structures that we experience. In a sense, the Light is everything and everything is Light...including all that we call physical... especially our physical bodies. This holistic view of the Light enables us to better understand that all levels of our subtle etheric and physical bodies will be changing and evolving, based on the spiritual development that each of us undertakes. To be a Lightarian means that you are consciously engaged in this process of inner development and dedicated to applying spiritual principles in your life to stimulate personal self-empowerment, clearing, healing, activation and manifestation. In order to effectively move along your spiritual path, five general areas of personal development must be taking place: self-empowerment, clearing, healing, activation and manifestation! With varying intensity and varying pace, these five forms of energy work are naturally unfolding for each of us. However, to advance and accelerate these processes during these changing and challenging times, powerful tools are now available! The five Lightarian Rays are designed to stimulate breakthroughs in your personal spiritual journey in each of these five essential phases of personal energetic development.

Introduction

The intensity and impacts of this clearing work on your spiritual development will be profound! It will stimulate and challenge you to the highest levels of self-trust, spiritual surrender and worldly discipline as you focus on the clearing of your chakras, subtle bodies and ultimately the physical body itself. This Clearing Ray work provides no guarantees and cannot be squeezed into any particular time frame. It is not an alternative to appropriate conventional medical care, physical or emotional therapy or psychological support. It is simply an extraordinary opportunity to learn spiritual principles and receive etheric attunement support..all to apply, in practical terms, to your day-to-day lifestyle and spiritual evolution.

This is leading edge etheric work which combines an educational respect and an energetic experience for you. The material for the Lightarian Clearing work has been inspired, channeled and developed from non-scientific, non-clinical, etheric energy sources. The sole purpose of the Clearing Ray is to expand the conscious awareness and understanding of the individual via the materials and to launch spiritual process via the energetic attunement. Lightarian Clearing Ray" focuses on the second phase - the clearing of your etheric fields, by providing unique, effective methods for the releasing of undesired programming, limiting belief structures and adverse mental, emotional and physical-etheric stored energy patterns. Your chakras, subtle bodies and ultimately your physical body will be gently and effectively cleared and opened to hold more Light Divinely inspired by the Ascended Master El Morya, the Clearing Ray will powerfully propel you along your life path, allowing more of your Higher Self energies to integrate into and operate through your lower energy fields and physical body The Clearing Ray Attunement initiates a long-term releasing process during which time particular patterns of adverse etheric energies are gently released and transmuted away. This process is orchestrated beyond your conscious awareness by the energies of Ascended Master El Morya in conjunction with your Higher Self.

The Clearing Ray Attunement can be experienced in person, over the telephone, or remotely. The session usually consists of a brief conversation with the Practitioner to discuss any questions you may have, followed by a simple guided meditation. The meditation process involves the transfer of a divinely-inspired energetic clearing attunement from Ascended Master El Morya, always with the full consent and cooperation of your Higher Self energies. Another participant in the Clearing Ray attunement is Archangel Raziel. Near the conclusion of the attunement, Raziel is invited into the process to support you during the extended,

post-attunement clearing time, especially regarding the smooth integration of new energies and the easing of an uncomfortable processing effects.

Description of the Lightarian Clearing Ray process

Via the Clearing Ray, your Higher Self in collaboration with El Morya, launches the releasing of adverse energies stored in your auric field...complex patterns of limiting programs, restrictive belief structures and their associated adverse stored energies! We have learned that there are six basic patterns to this extraordinarily complex structure of adverse energies cleared by the behind the-scenes Clearing Ray work...six simple ways of understanding the nature of the energies to be cleared. In very general terms, the flow of the clearing process stimulated by the Clearing Ray will follow the sequence of the six patterns as outlined below. However, in more specific terms, these energies may be releasing at different rates, at different times and in any order, depending upon what serves your highest and greatest good at the time..all orchestrated by your Higher Self in collaboration with Ascended Master El Morya.

We offer the following Lightarian modeling of these six patterns of adverse energies released through this long-term clearing process:

Pattern 1 of the Clearing Ray Process: Clearing our adverse soul level programming:

In our etheric fields, each of us carries an extraordinarily complex interwoven "fabric" of limiting programs, restrictive belief structures and their associated adverse mental, emotional and physical stored energies which defines the boundaries and obstacles for our incarnational experience here. These boundaries and obstacles frame in and provide the limiting structure for the challenging life scenarios that we want to experience; all those rich and colorful adverse and challenging experiences needed, at some level, for our learning and growth.

In order to better understand the idea of this limiting structure, remember back to a time when you visited an amusement park. Have you ever taken a ride in those bumper cars? Remember how it felt to squeeze your body into it and then drive around bumping into everything and everybody you could before the time ran out! Well, imagine that you (as soul energy) have squeezed into your personal bumper car (your physical body vehicle) and are now maneuvering along a corridor (your life path) where the walls of the corridor create the boundaries for the ride your incarnational experience) that you've come in to have,

Also, you may discover some speed bumps and obstacles of varying sizes along the way. You may create excursions away from the center of the corridor, perhaps going so far of course as to bump gently or even sometimes violently into the sidewalls. In metaphysical terms, you'd say that you came into that bumper car to experience the journey..both the wonderful aspects of the ride and the more challenging aspects, too! All those bumps, obstacles and constraining side walls serve as an important basis for learning and growth as you move along your life path At some level, each of us knows that we are responsible for creating these restrictive conditions and are essentially producing all of our experiences in life, even if at times we can feel somewhat "victimized." We know that we have made soul level and conscious choices to have the limitations, the bumps and the obstacles in our lives...all to serve the highest proposal. Receiving the Clearing Ray launches the releasing process for this first patent of limiting programming and its associated adverse belief structures and lower vibrational stored energies!

Pattern 2 of the Clearing Ray process: Releasing old fetal energies

When the fetus emerges from the womb, it carries along with it four subtle bodies and the beginnings of the four lower chakras....

- [4] the 4th subtle body and 4th chakra where fetal belief structures are stored,
- [3] a mental body with 3rd chakra,
- [2] an emotional body with 2nd chakra, and
- [1] a physical-etheric body with its energy center of the First chakra.

These etheric energy fields bring forward into the new life a variety of strong patterns, both of a "positive and an "adverse nature. These patterns have been acquired primarily from etheric "imprinting" from the parents and environmental influences and impacts during the pregnancy. Ultimately, tracing back beyond the immediate parents, we could describe much of the patterning brought in with the newborn to be from sources such as physical race lineage, specific genetic code transfers, tribal belief structures, mass-consciousness emotional and mental patterns, etc. All passed along from prior generations. These are very strong primal and primitive patterns, which are refined by the specific parental imprinting to produce a complex etheric energy structure. Any of these undesired, old fetal patterns remaining in your etheric fields are addressed by the Pattern 2 work.

Pattern 3 of the Clearing Ray process: Clearing the "etheric blueprint" of the physical body

As the clearing effects of your attunement continues to manifest within your energy fields, a natural healing process is established, which ultimately benefits the physical body. Over the years, we've learned that there are further etheric levels of deeply entrenched adverse energy patterns within the physical body, not cleared along with the first and second types of adverse energies. These deeper etheric patterns require additional attention from your Higher Self and El Morya to effect a clearing, thereby allowing for further, more complete healing of the physical body to take place.

There appears to be a structure of very subtle, yet powerful energies intimately linked to the physical body, which we call the "Etheric Template for the Physical Body." These energies form an etheric double of the physical body and basically could be viewed as the sum total of all of the tiny auric fields of every cell of the physical body. This is the most fundamental level of non physical energies that coexists with and is essential to the vitality and very life of the physical body. Adverse patterns in the Etheric Template are released at this level of work.

Pattern 4 of the Clearing Ray process: Releasing subtle attachments

During the three earlier phases of the Clearing Ray post-attunement time, adverse etheric patterning has been progressively clearing from the individual's energy fields, setting up a natural healing process for all levels of etheric energies (subtle bodies and chakras) and ultimately the physical body. Within each of these three clearing phases, there has been some degree of clearing/removal of the more coarse, gross forms of etheric attachments, which are typically found embedded in and/or connected to the human energy field of the individual. These various forms of adverse energies have been given a variety of names such as links, cords, connections, psychic attack lines, etheric attachments, implants, etheric devices, etc.

With the general clearing of the fields and the releasing of these coarser attachments, the first three types of work have already peeled away layer upon layer adverse energies, very much like the old layers of the onion metaphor!

After this degree of clearing has been accomplished, your Higher Self and El Morya are able to access the next level of energies to be cleared in fiber, more subtle layer of thread-like etheric "attachment energies." These energies appear to spread out from the outermost boundaries of each of our subtle bodies, linking and attaching themselves to individuals and objects and to various

external physical and etheric patterns and forms that we have interacted with over the years.

Pattern 5 of the Clearing Ray process: Opening your connection back to Source

By the time the fifth pattern of work is begun, the Clearing work has been stimulating the progressive clearing various forms of layered energies from the individual's energy fields, Again, using one of our favorite metaphors...like peeling the layers of the onion.we see these layered types of energies "peeled away!" However, we have learned that not all types of adverse energies are to be "peeled away in layered for. At times, some undesired energetic conditions are simply the result of mis-alignments or out-of-balances between energies that are perfectly fine! So, in these cases, there is nothing to be cleared or removed -- only the need for a re-alignment process.

This is the nature of the adverse energies addressed at this level of the Clearing Ray work. The release of this fifth form of adverse patterning is essentially not a clearing at all..it is more like an "etheric chiropractic adjustment" applied to all aspects of your Being, from Soul to Oversoul to Higher Self levels. This etheric adjustment clears the way for more balance within all levels of your fields and opens the path for further enhancement of your connection to Source!

Pattern 6 of the Clearing Ray process: Lifting the veils

The 6th characterization of the work is about the releasing of what we call the veil energies that are carried in your fields... further enhancing the principle of having greater "alignment" within your energies! To better understand the idea of these veils, let's begin by focusing strictly on you...the "you" that you think you are, as you function in this plane of experience.

As you chose to come into this incarnation, you anchored into this plane, created your life here and established a reference point for this experience..call it your "point of conscious awareness." This form of your energy serves as your "witness" to this plane of existence for you..operating in a "watching mode" as your life unfolds physically, emotionally and mentally...functioning as an observer of your Self energies regarding this plane of existence. This "point of conscious awareness" is different from your other energies which have physical, emotional, mental or higher etheric structure to them. This "point of conscious awareness" may be best viewed as simply a "point of energy" rather than an "form of energy" that has structure. In simplistic terms, you could even imagine that this "point of awareness" is merely just that...a point of pure consciousness, actually having no form or structure to it at all!

Through our channeling and intuition, we find that, metaphorically speaking, this "watcher aspect of you brings into the incarnation - or acquired during your life - a pair of "rose-colored glasses!" This is what we call the "veil It's a little bit of distortion that is present in your fields that represents a "veil" over the witness point - like a imperfect contact lens having a little distortion or imbalance to it, that creates a lack of clarity as to how you see yourself and your life." This veiling is ultimately lifted as the clearing process unfolds.

Preparing for your Clearing Ray Attunement

Your only preparation for the attunement would be to review this material and consider a few suggestions.

In general, for Guided Meditations: Over the years, a simple truth for experiencing a guided meditation has emerged.

There's no right way and no wrong way! So...take what you get

Whatever shows up in the meditation. Just let it be! Always hold the experience lovingly and lightly and without judgment. If you find yourself evaluating what's going on then simply let that BE.!

Creating the energetic connection for the attunement: As you begin your Clearing Ray session, your Practitioner will establish a "resonant" energetic connection with you. Whether you are receiving the Clearing Ray in-person, by telephone or remotely, this energetic connection will be accomplished via an etheric device that we call the "Divine Tuning Fork".

Imagine a large, etheric Tuning Fork with its two prongs pointing downward. Imagine that one of the prongs of the Tuning Fork is overlighting and connecting into your Practitioner's energies and the other prong is overlighting and connecting into your energies - creating a clear, direct and high vibrational link between you and the Practitioner. This picture is to simply give you an idea of how the Practitioner will be linking with you during the Attunement. The Practitioner will set this all up. Now, another step in the process will be the creation of a third prong projecting out from the Tuning Fork to link you and your Practitioner into the energies of Ascended Master El Morya, thereby creating a three-way link among all of you! Again the Practitioner will set it up and, at the conclusion of the Attunement, the Practitioner will disengage the Divine Tuning Fork.

In-person or Telephone Attunements: The Practitioner will verbally lead you through a series of steps within a simple guided meditation format.

For Telephone Attunements: Plan to use a quiet room where you can be comfortable and undisturbed. Shut off the ringer on other phones, etc. If you have access to a telephone headset or speakerphone, consider using it to allow you to be most comfortable and especially to have your hands totally free and relaxed.

For Remote Attunements: Following your telephone conversation with the Practitioner, the Attunement itself can be done "remotely" (telepathically) as your Practitioner orchestrates the clearing attunement with your Higher Self energies.

1. For the attunement, prepare a quiet room where you can be comfortable and undisturbed for approximately an hour. Plan on going in a few minutes before the appointed time to avoid rushing. Turn off your telephone ringer. You can be seated or lying down. Just before the appointed time, the Practitioner will [a] create an etheric, telepathic connection with you via the highest level of your Higher Self energies and [b] invite Ascended Master El Morya and an Archangel named Raziel to come forward in preparation 2. for the session. Archangel Raziel is dedicated to assisting recipients of Clearing Ray Attunement during the extended post-attunement period during which the releasing of adverse energies is accomplished.

3. At the appointed time, close your eyes and take a few long, deep breaths and relax into a quiet state of mind...a light "meditative state. Move your attention to a place of power within your energy fields that you would like to operate from during this process...that place of mastery, full responsibility and total ownership for all things in your life...that place where the Divine resides within you! Then simply relax and allow the meditation to unfold! During the attunement, the Practitioner will "remotely" orchestrate all the steps in the

4. attunement process via your Higher Self energies and El Morya. As the remote Clearing Ray attunement is drawn to a close by the Practitioner, you'll probably sense that the process is complete through some feeling, thought or intuitive prompting. Simply acknowledge completion of the Attunement and silently thank everyone involved

You and your Practitioner may choose to reconnect by phone or e-mail to share about the process.

Following your Clearing Ray Session

Through experience, we've learned a great deal about the kinds of effects people experience after the Lightarian Clearing work. Here are some ideas about what you could generally expect:

Opening to carry more Light!

As clearing begins to take place, higher vibrational energies can flow more freely into your energy day life experience of more and more joy, authenticity and conscious choice...and one of less and

fields and a natural, holistic healing process begins at all levels of the chakras, subtle bodies and ultimately the physical body. By clearing the auric field of limiting patterns and blockages, the chakras and subtle bodies can begin to "anchor in more Light." You'll begin to create a day-10

less automatic behavior patterns, addictions, doubts, fears and pain.

Etheric cleansing and the natural healing that follows!

As with many energy therapies and modalities, following your Clearing Ray attunement, you may experience some etheric cleansing and detoxing effects. These may occur as the adverse energies are loosened, moved around and fully released and transmuted from your energy fields. The rate

of clearing and the length of the releasing time are adjusted by your Higher Self and supervised by Ascended Master El Morya. Together they serve the highest purpose for you by maximizing your well-being and minimizing any discomforts during the process. Important Note: These etheric cleansing and detoxing effects can occur from time to time over your extended and open-ended releasing period. 4201

A natural healing process begins not just within your etheric fields, but also within the physical

body. At the body level. "physical adverse impacts have been created over the years by all of

your adverse etheric patterning at the higher vibrational levels. These "impacts" are the sources of all levels of stress, discomfort and dis-ease within the physical body. As this adverse etheric imprinting onto the physical body is released, the body is free to begin the process of self healing! These combined effects of etheric releasing and the onset of etheric and physical healing can stimulate a variety of mental, emotional and physical healing manifestations or symptoms. Some recipients of this clearing work experience mild nausea or headaches. "catch" a cold or generate flu-like symptoms, experience fatigue and the need to take naps, or notice transient pains in various parts of the physical body. At the higher vibrational levels, some report deep emotional releases, aching in the heart chakra, pain in the third eye, mental disorientation or unexplainable emotional swings and the shedding of tears.

What can I do with any of these minor pains and discomforts that may occur?

The best advice is to acknowledge these "ripple effects" of the clearing process as simply manifested "stuff" passing through your subtle and physical bodies as it is being released. Honor these "symptoms" of the process and consciously release it all up to the highest Divine levels to be transmuted and transformed into the Light.

A time for self-discovery!

At the completion of your Lightarian Clearing Ray Attunement, the releasing process will begin energy may naturally occur for you. Perhaps, you will begin to experience shifts in your day-to day behavior, receive images and impressions, experience flashbacks to past events, notice unusual random thoughts, etc. You can simply witness or notice what comes up for you during the right away, launching the potential for dramatic shifts in your life as you accelerate along your spiritual path. During the releasing time, a greater and deeper understanding of your personal releasing time or you may choose to contemplate or meditate to enhance this process of self discovery!

How much time does it take for the effects of the Clearing Ray to be complete?

During your post-attunement time, the effects of the Clearing Ray work become cumulative and the process of change is steadily enhanced. There is no specific time frame for the unfolding of your personal etheric clearing plan ..other than to say that your Higher Self and El Morya will be orchestrating the perfect plan with perfect timing for you.



Please schedule your Healing Ray Next.

I am so grateful to be able to guide you on this journey and am here to support you each step of the way.

Never hesitate to reach out if you need anything.
With Light,
Nicole

Empower Mamas Inc.
Womb Light Founder & Energy Doula
Lightarian Reiki Master Teacher
PNLP | CCHt | PTT | CTY | CSC
hello@empowermamas.com
@empowermamas

