



Empowerment Ray Treatment

RECEIVING THE LIGHTARIAN EMPOWERMENT RAY

Thank you for your commitment to receive the Lightarian Empowerment Ray Attunement. The Empowerment Ray is passed from the Empowerment Ray Practitioner to you by means of a simple, direct attunement process in the form of a guided meditation. After you have read this material, discuss any questions you may have with your Practitioner and arrange for receiving the

Attunement - in person, by telephone, or remotely.

The Lightarian perspective

The word Lightarian describes an individual who is learning about the use of etheric Light energies for the purpose of expanding awareness and enhancing spiritual evolution, especially regarding the processes of self-empowerment, clearing healing, activation work and manifestation. A Lightarian begins to view Light as the ever-present etheric energy that consciously manifests itself into all of the forms and structures that we experience. In a sense, the Light is everything and everything is Light...including all that we call physical...especially our physical bodies. This holistic view of the Light enables us to better understand that all levels of our subtle etheric and physical bodies will be changing and evolving, based on the spiritual development that each of us undertakes. To be a Lightarian means that you are consciously engaged in this process of inner development and dedicated to applying spiritual principles in your life to stimulate personal empowerment, clearing, healing, activation and manifestation.

The Empowerment Ray is a simple effective Attunement created by the Ascension Master Maitreya to powerfully propel you along your spiritual path. This energy activation will awaken you to new levels of personal knowing and understanding about who you are and why you are here! The Empowerment Ray will support you in moving to higher levels of spiritual service during these changing and challenging times.



Introduction

As part of the Empowerment Ray process, a unique relationship is established between you and Maitreya, as he steps forward to assist you with the orchestration of your unfolding spiritual transformation. Following the attunement for the Empowerment Ray, Maitreya begins to interact "in the background" with all levels of your energies to accelerate your spiritual awakening process in a manner most appropriate for you. Aspects of your energies that have been dormant will be activated, your sense of personal power will be stimulated and an expansion of your spiritual knowing will be launched. In the broadest possible ways, the long-term energetic effects of the Empowerment Ray will provide you with a richer, fuller sense of Self and a clearer understanding of your purpose for being here at this extraordinary time in Earth's history!

Lightarian Empowerment Ray is a trademark of the Lightarian Institute for Global Human Transformation.

The Empowerment Ray will also enhance your personal transformation process, serving as an energetic backdrop for your further spiritual development. In order to effectively move along your path, these general areas of personal development must be taking place - clearing healing, activation and manifestation. The Empowerment Ray combined with the other more specific forms of Lightarian energy work are all designed to stimulate breakthroughs in your personal spiritual journey in each of these four essential aspects of energetic development. This is "leading edge" etheric work which combines an educational aspect and an energetic experience for you. The material for all Lightarian energy work has been inspired, channeled and developed from non-scientific, non-clinical, etheric energy sources. The sole purpose of the Empowerment Ray is to expand the conscious awareness and understanding of the individual via the materials and to launch spiritual process via the energetic attunement.

About the Lightarian Empowerment Ray

The Lightarian Empowerment Ray is sourced from a strata of celestial energies beyond that of the Ascended Masters - from an energy level called Maitreya - in order to support individuals during these exciting and challenging times of human and global transformation. Maitreya could be considered the divine architect for the global ascension process that is taking place, so we call him the

Ascension Master. The Empowerment Ray is designed to power fully propel you along your spiritual path and accelerate your preparation for personal ascension! This energy activation will also empower you to move to higher levels of spiritual service during these changing and challenging times,

Receiving the Empowerment Ray triggers ongoing activations and initiations within your energy fields. The Empowerment Ray could be viewed as a specific activation event which launches you along an accelerated energetic process! Receiving the Empowerment Ray creates a unique relationship between Ascension Master Maitreya and all levels of your energies. In a sense, an empowering, long-term connection is established between Maitreya and your Soul, Oversoul and Higher Self levels - in other words, the whole of your Being. This connection is maintained long after receiving the Attunement and provides ongoing support to all of your energy levels for the raising of vibration with a particular focus on enhancing and accelerating your spiritual awakening

What are the energetic impacts from receiving the Empowerment Ray?

The Empowerment Ray attunement has been primarily designed to gently, effectively stimulate your spiritual awakening process through ongoing activations and the lifting of vibration within

your subtle bodies and chakras. During the post-attunement time, various energetic changes will

be taking place within your fields, depending on your initial subtle energy patterning and the transformational pace being set by your Higher Self. You will undoubtedly have a unique experience related to your particular awakening process. However, we can generally describe the potential impacts in two principle ways:

Awakening to a greater sense of who you are - this is about the activation and development of a deeper, more profound sense of Self Insights and realizations about your spiritual connections to Higher Self and beyond will be stimulated. Enhanced levels of personal knowing will probably develop and your feminine side (that intuitive aspect of you associated with simply being) will become more apparent in your day-to-day life.

Awakening to a greater sense of your purpose here at this time - this is about the activation and development of an enhanced sense of purpose, intention and

direction for you in your life's work here on Earth at this time. As you awaken more to "who you are the next natural question is "What am I here to do?" This aspect of your life experience could be considered your masculine side (that assertive, manifesting aspect of you associated with your doing)

As simple as it may appear, the development of awareness, clarity and understanding about these two fundamental aspects of life are at the heart of the spiritual awakening process, and are truly enhanced and accelerated as you receive the Empowerment Ray!

Preparing for your Empowerment Ray Attunement

Your only preparation for the attunement would be to review this material and consider a few suggestions.

In general, for Guided Meditations: Over the years, simple truth for experiencing a guided meditation has emerged.

There's no right way and no wrong way! So take what you get Whatever shows up in the meditation. Just let it be! Always hold the experience lovingly and lightly and without judgment find yourself evaluating what's going on, then simply let that BE a tool for you.

Creating the energetic connection for the attunement. As you begin your Empowerment Ray session, your Practitioner will establish a "resonant" energetic connection with you. Whether you are receiving the Empowerment Ray in person, by telephone or remotely, this energetic connection will be accomplished via an etheric device that we call the "Divine Tuning Fork".

Imagine a large, etheric Tuning Fork with its two prongs pointing downward. Imagine that one of the prongs of the Tuning Fork is overlighting and connecting into your practitioner's energies and the other prong is overlighting and connecting into your energies creating a clear, direct and high vibrational link between you and the teacher: This picture is to simply give you an idea of how the practitioner will be linking with you during the Attunement. The teacher will set this all up Now, another step in the process will be the creation of a third prong projecting out from the Tuning Fork to link you and your practitioner into the energies of Ascension Master Maitreya, thereby creating a three-way link among all of you! Again the teacher will set it up and, at the conclusion of the Attunement, the teacher will disengage the Divine Tuning Fork.

In person or Telephone Attunements: The Practitioner will verbally lead you through a series of steps within a simple guided meditation format.

For Telephone Attunements: Plan to use a quiet room where you can be comfortable and undisturbed. Shut off the ringer on other phones, etc. If you have access to a telephone headset or speakerphone, consider using it to allow you to be most comfortable and especially to have your hands totally free and relaxed.

For Remote Attunements: Following your telephone conversation with the Practitioner, the Attunement itself can be done "remotely" (telepathically) as your Practitioner orchestrates the attunement with your Higher Self energies.

- 1) For the attunement, prepare a quiet room where you can be comfortable and undisturbed for approximately 4 hours. Plan on going in a few minutes before the appointed time to avoid rushing. Turn off your telephone ringer. You can be seated or lying down.
- 2) Just before the appointed time, the Practitioner will create an etheric, telepathic connection with you via the highest level of your Higher Self energies and invite Ascension Master Maitreya to come forward in preparation for the session.
- 3) At the appointed time, close your eyes and take a few long, deep breaths and relax into a quiet state of mind...a light "meditative" state. Move your attention to a place of power within your energy fields that you would like to operate from during this process...that place of mastery, full responsibility and total ownership for all things in your life.. That place where the Divine resides within you! Then simply relax and allow the meditation to unfold!
- 4) During the attunement, the Practitioner will "remotely" orchestrate all the steps in the attunement process via your Higher Self energies and Maitreya.
- 5) As the remote Empowerment Ray attunement is drawn to a close by the Practitioner, you'll probably sense that the process is complete through some feeling, thought or intuitive prompting. Simply acknowledge completion of the Attunement and silently thank everyone involved.
- 6) You and your Practitioner may choose to reconnect by phone or e-mail to share about the process.

After the Attunement

There are many facets and levels as to how the Empowerment Ray will affect you on a personal energetic level. Everyone will be different! In addition to exciting shifts and expansions of your energies, you may experience some uncomfortable ripple effects after your attunement. You could experience a series of minor, temporary etheric and physical detoxing effects as an acceleration occurs in your rate of activation work on the inner planes. Your level of subtle body and physical body clarity at the time when you receive the Empowerment Ray attunement will strongly determine the degree of any uncomfortable detoxing or processing. You can discuss this in more detail with your Lightarian Empowerment Ray Practitioner.

How much time does it take for the effects of the Empowerment Ray to be complete? During your post-attunement time, the effects of the Empowerment Ray work become cumulative and the process of change is steadily enhanced. There is no specific time frame for the unfolding of your personal "spiritual awakening plan". other than to say that your Higher Self and Maitreya will be orchestrating the perfect plan with perfect timing for you.

Please schedule your Clearing Ray next.

I am so grateful to be able to guide you on this journey and am here to support you each step of the way.

Never hesitate to reach out if you need anything.

With Light,
Nicole

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