

Healing Ray

RECEIVING THE LIGHTARIAN HEALING RAY

Thank you for your commitment to receive the Lighting Healing Ray Attunement. The Healing Ray is passed from the H-Ray Practitioner to you by means of a simple, direct attunement process in the form of a guided meditation. After you have read this material, discuss any questions you may have with your Practitioner and arrange for receiving the Attunement - in person, by telephone, or remotely,

The Lightarian perspective

The word Lightarian describes an individual who is learning about the use of etheric Light energies for the purpose of expanding awareness and enhancing spiritual evolution, especially regarding the processes of self-empowerment, clearing, healing, activation work and manifestation. A Lightarian begins to view Light as the ever-present etheric energy that consciously manifests itself into all of the forms and structures that we experience. In a sense, the Light is everything and everything is Light.. including all that we call physical..especially our physical bodies. This holistic view of the Light enables us to better understand that all levels of our subtle etheric and physical bodies will be changing and evolving, based on the spiritual development that each of us undertakes. To be a Lightarian means that you are consciously engaged in this process of inner development and dedicated to applying spiritual principles in your life to stimulate personal empowerment, elearning, healing, activation and manifestation.

Introduction

The Lightarian Healing Ray is a simple, effective etheric Attunement inspired by Ascended Master Buddha. It focuses on creating the highest possible energetic environment within and around your etheric fields to support the process of healing in all areas of your life. Recognizing that each of us is fully responsible for our own healing, we acknowledge that the Healing Ray will simply be empowering you in your own self-healing process.

Following your attunement, over an extended period of time, your physical body and every level of your auric field will be bathed by healing Buddhist energies. The intention of this ongoing healing support is to accelerate your healing process

and bring you into greater balance and purer resonance with the energies of your Higher Self Healing effects stimulated by this attunement will be created over the entire spectrum of your energies...from your physical body to the highest levels of your etheric "inner vibrational landscape." There are no specific time benchmarks or time limits for the extraordinary healing that is launched in this work..simply the loving, gentle unfolding of your truly individualized healing process at a pace that will serve highest and greatest purpose for you

Lightarian Healing Ray is a trademark of the Lightarian Institute for Global Human Transformation.

As part of the Healing Ray process, a unique relationship is established between you and Ascended Master Buddha, as he steps forward to assist you in very direct, personal ways with the orchestration of this enhanced healing work! In a sentence, he will serve as a healing guide for all levels of your being all in complete cooperation with your Higher Self.

Background on Ascended Master Buddha and the Healing Ray

The Healing Ray Attunement is sourced from a strata of celestial energies known as the level of Ascended Masters - specifically from an aspect of the Ascended Master Buddha. Each Ascended Master has a dominant focus or theme for his/her work and, for Ascended Master Buddha, the theme is compassion." During Earth and humanity's long history of spiritual evolution, Ascended Master Buddha has often projected his energies into this plane in the form of physically-incarnated masters and avatars in order to assist in the expansion and transformation of human consciousness. He has ongoingly focused on teaching and demonstrating the principles of compassion as applied to many areas of human activity, especially healing and personal ascension for the individual. His incarnational experiences here have prepared him well to serve as a coach and counselor..perhaps call him a spiritual mentor.. for those seeking energetic healing support.

Please note that Ascended Master Buddha is not to be confused with the historic Buddha, who was a projection of the energies of Ascended Master Buddha, embodied into a physical incarnation in this plane. Throughout this Client Information, we are always referring to Ascended Master Buddha, even if the simple term Buddha is used for convenience. The Healing Ray is "leading edge etheric work which combines an educational aspect and an energetic experience for you. The material for all Lightarian energy work has been inspired, channeled and developed from non-scientific, non-clinical, etheric energy sources. The sole purpose of the Healing Ray is to expand the conscious awareness and understanding of the individual via the materials and to launch spiritual process

via the energetic attunement.

What are the energetic impacts from receiving the H-Ray?

After receiving your attunement, various energetic changes will be taking place within your fields, depending on your initial subtle energy patterning and the healing pace being set by your Higher Self. Your process will be a unique one and will probably include some of the follow types of experiences, especially when combined with the work of the other Lightarian Ray modalities:

1. As an essential part of your overall program for spiritual development, the Healing Ray will focus on accelerating your healing process. Other vital aspects of such a spiritual program include etheric clearing work, maintaining proper diet and exercise, and avoiding addictive behavior patterns regarding alcohol, drugs, etc. Over time, within the framework of such a conscientious healing program, the Healing Ray will support the dissolving and transmuting of stress, discomfort, debilitation and dis-ease from your chakras, subtle bodies and ultimately, your physical body. Your etheric and physical energies will experience renewed levels of vitality and vibrancy.
2. In general terms, as the Healing Ray process unfolds, your sense of self will probably shift and expand to incorporate the spiritual transformations triggered by your expanding energetic relationship with Ascended Master Buddha. Also, your sense of self-responsibility will expand as you more effectively handle any challenging, health-related situations that need attention. You may start to open more fully to your higher inner wisdom and expand your self-awareness. As you deal with the task of bringing health related aspects of your life into balance, you may discover new levels of two important spiritual principles.. discipline and surrender that you may not have encountered before.
3. You will experience an energetic quickening within your deepest levels of self, creating a sense of simply being a higher-vibrational Being. Your belief structures, thoughts, emotions and physical body will begin to take on a more balanced, centered, empowered quality. You'll probably discover a great "spiritual grace" in your life, as you bring more and more Light into the whole of you. These kinds of sense of changes occur when a progressively higher and higher expression of your Divine Self begins to power fully come forth.

Preparing for your Healing Ray Attunement

Your only preparation for suggestions attunement would be to review this material and consider a few

In general, for Guided Meditations: Over the years, a simple truth for experiencing a guided meditation emerged.. There's no right way and no wrong way! So...take what you get.

Whatever shows up in the meditation. Just let it be!

Always hold the experience lovingly and lightly and without judgment If you find yourself evaluating what's going on, then simply let that BE, too! Creating the energetic connection for the attunement. As you begin your Healing Ray session, your Practitioner will establish a "resonant" energetic connection with you. Whether you are receiving the H Ray in person, by telephone or remotely, this energetic connection will be accomplished via an etheric device that we call the "Divine Tuning Fork".

Imagine a large, etheric Tuning Fork with its two prongs pointing downward. Imagine that one of the prongs of the Tuning Fork is overlighting and connecting into your practitioner's energies and the other prong is overlighting and connecting into your energies - creating a clear, direct and high vibrational link between you and the teacher. This picture is to simply give you an idea of how the practitioner will be linking with you during the Attunement. The teacher will set this all up. Now, another step in the process will be the creation of a third prong projecting out from the Tuning Fork to link you and your practitioner into the energies of Ascended Master Buddha, thereby creating a three-way link among all of you Again the teacher will set it up and, at the conclusion of the Attunement, the teacher will disengage the Divine Tuning Fork.

In-person or Telephone Attunements The Practitioner will verbally lead you through a series of steps within a simple guided meditation format. For Telephone Attunements Plan to use a quiet room where you can be comfortable and undisturbed.

Shut off the ringer on other phones, etc. If you have access to a telephone headset or speakerphone, consider using it to allow you to be most comfortable

and especially to have your hands totally free and relaxed

For Remote Attunements. Following your telephone conversation with the Practitioner, the Attunement itself can be done "remotely" (telepathically) as your Practitioner orchestrates the attunement with your Higher Self energies.

1. For the attunement, prepare a quiet room where you can be comfortable and undisturbed for approximately 1 hour. Plan on going in a few minutes before the appointed time to avoid rushing. Turn off your telephone ringer. You can be seated or lying down. Just before the appointed time, the Practitioner will [a] create an etheric, telepathic connection with you via the highest level of your Higher Self energies and [b] invite Buddha to come forward in preparation for the session,
2. At the appointed time, close your eyes and take a few long, deep breaths and relax into a quiet state of mind..a light "meditative" state. Move your attention to a place of power within your energy fields that you would like to operate from during this process. that place of mastery, full responsibility and total ownership for all things in your life that place where the Divine resides within you! Then simply relax and allow the meditation to unfold!
3. During the attunement, the Practitioner will "remotely" orchestrate all the steps in the attunement process via your Higher Self energies and Buddha. As the remote attunement is drawn to a close by the Practitioner, you'll probably sense that the process is complete through some feeling, thought or intuitive prompting, Simply acknowledge completion of the Attunement and silently thank everyone involved.

You and your Practitioner may choose to reconnect by phone or e-mail to share about the process.

After the Attunement

There are many facets and levels as to how the 1-Ray will affect you on a personal energetic level. Everyone will be different! In addition to exciting shifts and expansions of your energies, you may experience some uncomfortable ripple effects after your attunement. You could experience a series of temporary etheric and physical detoxing effects as an acceleration occurs in your rate of healing work on the inner planes. Your level of subtle body and physical body clarity at the time when you receive the H Ray attunement will strongly determine the

degree of any uncomfortable detoxing or processing. You can discuss this in more detail with your Lightarian Practitioner.

How much time does it take for the effects of the Healing Ray to be complete?

During your post-attunement time, the effects of the Healing Ray work become cumulative and your rate of personal healing will be steadily enhanced. There is no specific time frame for the unfolding of your personal etheric healing plan".other than to say that your Higher Self and Buddha will be orchestrating the perfect plan with perfect timing for you. Healing will be taking place on many levels. spiritual, mental, emotional and physical and in the most holistic of ways, as you return to balance and wholeness! However, in very general terms, through our experiences with clients and students regarding the physical aspects of the healing process, we have learned that the physical body is very slow to heal. Certainly, the physical body is far slower in its healing responses than our chakras and subtle bodies. As your particular healing process unfolds, patiently allow for the proper healing of the physical body at its proper pace.

Please schedule the Activation Ray next.

I am so grateful to be able to guide you on this journey and am here to support you each step of the way.

Never hesitate to reach out if you need anything.

With Light,
Nicole

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