

Manifestation Ray

RECEIVING THE LIGHTARIAN MANIFESTATION RAY

Thank you for your commitment to receive the Light Aria Manifestation Ray™ Attunement. The Manifestation Ray is passed from the M-Ray Practitioner to you by means of a simple, direct attunement process in the form of a guided meditation. After you have read this material discuss any questions you may have with your Practitioner and arrange for receiving the Attunement - in person, by telephone, or remotely.

The Lightarian perspective

The word Lightarian describes an individual who is learning about the use of ether Light energies for the purpose of expanding awareness and enhancing spiritual evolution, especially regarding the processes of self-empowerment, clearing, healing activation work and manifestation. A Lightarian begins to view Light as the ever-present etheric energy that consciously manifests itself into all of the forms and structures that we experience. In a sense, the Light is everything and everything is Light, including all that we call physical, especially our physical bodies. This holistic view of the Light enables us to better understand that all levels of our subtle etheric and physical bodies will be changing and evolving, based on the spiritual development that each of us undertakes. To be a Lightarian means that you are consciously engaged in this process of inner development and dedicated to applying spiritual principles in your life to stimulate personal empowerment clearing healing activation and manifestation.

About the Lightarian Manifestation Ray

The Lightarian Manifestation Ray Attunement is sourced from a strata of celestial energies known as the level of Ascended Masters - specifically from an aspect of the Ascended Master St. Germain. He has dedicated his untiring efforts to support the global, human ascension process that is taking place on Earth at this time. The Ascended Masters each have a dominant focus or theme for their work here. For St. Germain, the theme is "courage" and his principle focus in working with human consciousness has long been to stimulate courageous, authentic action!

The Manifestation Ray focuses on expanding your capacity for manifesting abundance in all areas of your life! Through a simple, effective Attunement

process, a special etheric linkage is created between you and Ascended Master St. Germain. This connection enables him to work with you in a very direct, personal way as your spiritual coach and counselor from the highest etheric realms. With his encouragement and an authentic action, fears are overcome and the open space for manifesting is created!

From a spiritual perspective, the Lightarian Manifestation Ray Attunement is designed to enhance the manifesting of your latent "gifts and talents" to enable you to effectively step into an expanded level of service. into your future role.

This is leading edge there work which combines an educational aspect and an energetic experience for you. The material for all Lightarian energy work has been inspired, channeled and developed from non scientific, non-clinical, etheric energy sources. The sole purpose of the Manifestation Ray is to expand the conscious awareness and understanding of the individual via the materials and to launch spiritual process via the energetic attunement.

Preparing for your Manifestation Ray Attunement

Your only preparation for the attunement would be to review this material and consider a few suggestions.

In general, for Guided Meditations: Over the years, a simple truth for experiencing a guided meditation has emerged.

There's no right way and no wrong way! So...take what you get. Whatever shows up in the meditation. Just let it be! Always hold the experience lovingly and lightly and without judgment.

If you find yourself evaluating what's going on then simply let that BE too! Creating the energetic connection for the attunement As you begin your Manifestation Ray session, your 082 Practitioner will establish a "resonant energetic connection with you. Whether you are receiving the M Ray in-person, by telephone or remotely, this energetic connection will be accomplished via an etheric device that we call the "Divine Tuning Fork".

Imagine a large, etheric Tuning Fork with its two prongs pointing downward. Imagine that one of the prongs of the Tuning Fork is overlighting and connecting into your practitioner's energies and the other prong is overlighting and connecting into your energies - creating a clear, direct and high vibrational link between you and the teacher This picture is to simply give you an idea of how the practitioner will be linking with you during the Attunement. The teacher will set

this all up. Now, another step in the process will be the creation of a third prong projecting out from the Tuning Fork to link you and your practitioner into the energies of Ascended Master St. Germain, thereby creating a three-way link among all of you! Again the teacher will set it up and, at the conclusion of the Attunement, the teacher will disengage the Divine Tuning Fork.

In-person or Telephone Attunements: The Practitioner will verbally lead you through a series of steps within a simple guided meditation format.

For Telephone Plan to use a quiet room where you can be comfortable and undisturbed. Shut off the ringer on other phones, etc. If you have access to a telephone headset or speaker phone, consider using it to allow you to be most comfortable and especially to have your hands totally free and relaxed

For Remote Attunements Following our telephone conversation with the Practitioner, the Attunement

itself can be done remotely (telepathically) as your Practitioner orchestrates the attunement with your Higher Self energies.

1. For the attunement, prepare a quiet room where you can be comfortable and undisturbed for approximately 4 hour. Plan on going in a few minutes before the appointed time to avoid rushing Turn off your telephone ringer. You can be seated or lying down.
2. Just before the appointed time, the Practitioner will fa) create an etheric, telepathic connection with you via the highest level of your Higher Self energies and [b] invite St. Germain to come forward in preparation for the session.
3. At the appointed time, close your eyes and take a few long, deep breaths and relax into a quick state of mind... light meditative state. Move your attention to a place of power within your energy fields that you would like to operate from during this process of mastery. full responsibility and total ownership for all things in your life..that place where the Divine resides within you! Then simply relax and allow the meditation to unfold!
4. During the attunement, the Practitioner will remotely orchestrate all the steps in the attunement process via your Higher Self energies and St Germain.
5. As the remote attunement is drawn to a close by the Practitioner, you'll

probably sense that the process is complete through some feeling thought or intuitive prompting. Simply acknowledge completion of the Attunement and silently thank everyone involved.

6. You and your Practitioner may close to reconnect by phone or e-mail to share about the process

After the Attunement

There are many facets and levels as to how the M-Ray will affect you on a personal energetic level. Everyone will be different! In addition to exciting shifts and expansions of your energies, you may experience some uncomfortable ripple effects after your attunement. You could experience a series of minor, temporary etheric and physical detoxing effects as an acceleration occurs in your rate of energy work on the inner planes. Your level of subtle body and physical body clarity at the time when you receive the M-Ray attunement will strongly determine the degree of any uncomfortable detoxing or processing. You can discuss this in more detail with your Lightarian Practitioner.

How much time does it take for the effects of the Manifestation Ray to be complete?

During your post-attunement time, the effects of the Manifestation Ray work become cumulative and the process of change is steadily enhanced. There is no specific time frame for the unfolding of your personal

manifestation plan"...other than to say that your Higher Self and St. Germain will be orchestrating the perfect plan with perfect timing for you.

How does manifestation take place?

Everything we sense or know at every possible level of experience is simply a manifested reality, whether it is, as an example, a physical object in our place of experience here on Earth or an etheric energy creation in some higher vibrational celestial relay. Everything is manifested from the Light through the application of simple spiritual principles.

Now saying this may be easier than doing it, especially when we acknowledge the challenging experiences we have created for ourselves in our lives, perhaps the "lacks in our lives" regarding love, relationships, personal health or oh yes..money! Nonetheless, as we grow spiritually, we come to realize that we are the source of our life experiences, whether they are exciting and fulfilling ones or those of a

more challenging nature. In a spiritual sense, as we take more and more responsibility for our lives, we begin to participate more consciously in the cycle of manifestation".

Tell me a little more about this cycle of manifestation?

We have learned that there is a "cycle of manifestation based on simple spiritual principles related to these six ideas - knowing purpose, intention, function goals and form! Through the channeling process, these six words were provided as a means of better understanding the creative process of manifesting.

The sequence of steps created by these words represents an effective tool to assist us in learning and applying important spiritual principles in our lives. We offer a simple treatment of this rather expansive topic to stimulate you to [1] examine this topic for yourself, [2] learn more about your existing personal process for manifesting and [3] discover how you may wish to expand your ability to create in your life! Please note that, although this material is described in linear "steps", the process is truly a cyclical, circular one. With this in mind, you can focus on any one of the six topics and use it as your way to "enter" the cycle!

The Six Steps of the Process of Manifestation

Knowing - The process starts with deeply knowing who you are. As you come to truly "know yourself to be a spark of the divine creator operating in a physical body on Earth at this time, you begin to experience the peace and joy of living that clears the space for you to better understand your purpose.

Purpose - Becoming clear about your purpose in being here now provides a way for you to broadly define your spiritual path in this lifetime. With your purpose better understood, you can move to a more refined level of clarity and direction. with more specific intentions

Intention - With clearer ideas about who you are and broadly why you are here, you move to the more specific creation of intentions. They are usually more focused and limited in scope and provide more precision as to what you what to manifest

Function - Now that you are crystal clear about your intentions, you move the process to the detailed level of determining what function you must fulfill in order to realize your intention

Goals - With your function now clearly understood, move on to establish very specific goals... what you want to specifically accomplish as you channel your creative energies along the functional lines you have chosen?

Form - Finally, you imagine and then manifest the form for the intended expression of your creative energies. Remember the old saying "Form follows function?" It's true! Until you are clear about the earlier steps in the process, the final step of "form" cannot properly follow! Many of us are guilty of "putting the cart before the horse" by deciding on the form of things first before we have properly established the purpose, intent or function of the desired manifestation

Can you give an example of the manifestation process based on the six steps?

Imagine that you intuitively feel that you would love to be a professional massage therapist. You think about it a lot, give many "amateur" massages to friends and think you are a natural! This all represents a very good starting point for our example! Now follow the sequence..

Knowing - Clarify on a very deep level as to "broadly" who you are and then check to see if being a massage therapist aligns with the "Largest possible" sense of yourself.

Purpose - Clarify what your life purpose is and then check to see if being a massage therapist aligns with your "largest possible" sense of your purpose in being here now!

Intentions - Clarify what your more detailed intentions in life are and then check to see if being a massage therapist aligns with these specific intentions.

Function - Double check that your chosen function of massage therapist indeed aligns with your "largest possible" sense of yourself, your purpose and your intention!

Goals - Now that you are totally clear that you are going to be a professional massage therapist, set very specific goals for yourself. As an example of one small part of your goal-setting process. Establish your time and money needs for taking the massage training that will support your function, intention and purpose.

Form - Finally, some aspects of the form of your massage practice will begin to take shape. Perhaps you'll rent the perfect space for your treatment room or purchase a massage table most appropriate for the type of work you will be offering

The highest level of thoroughness and clarity in the earlier steps of the manifestation process create the certainty and courage for appropriate action in the later steps in the process.

Please schedule your Source Ray next.

I am so grateful to be able to guide you on this journey and am here to support you each step of the way.

Never hesitate to reach out if you need anything.

With Light,
Nicole

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